



# Rights Round Table Newsletter 8



This week, we talked about how we can get the right support at medical appointments.

If your Doctor knows you have a learning disability, they will be able to provide any extra support you might need.

For example, longer appointments, easy read information, and a health check every year.



Your Doctor can add your name to the Learning Disability Register.

This is a record of people with a learning disability who are registered with a GP.

We looked at an easy read template letter you can send to your GP to ask to be added to the Learning Disability Register.



**Remember, people have the right to ask for reasonable adjustments and accessible information from health and social care services.**

## Our group members said...



“I’ve never heard of the Learning Disability Register, and don’t know if I’m on it.”

“I know a lot about the Learning Disability Register as I do work with Quality Checkers.”

“My doctor knows I have a learning disability, but I’m going to send the template letter to make sure I’m on the Learning Disability Register.”

Our next Zoom meeting is on Monday 18<sup>th</sup> January, 2.30pm – 3.30pm. We will talk about Hospital Passports.

**Get in touch if you would like to be part of the Rights Round Table**



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