



Rights Round Table Newsletter 5



We spoke about flu jabs and Annual Health Checks.

People with learning disabilities have the right to have a free flu jab and a health check from their GP each year.

Flu jabs and Annual Health Checks should still be happening even though there is a Covid-19 pandemic.



Remember, you can ask for reasonable adjustments when you have your flu jab or Annual Health Check.

Not everyone knows they can get an Annual Health Check. In 2016/17 only half of people with a learning disability had their Annual Health Check.

In our group:

- Almost everyone has had their flu jab.
- Only 2 out of 7 people have had their 2020 Annual Health Check.



We will have another session about Annual Health Checks as they are so important.

Our group members said...



I only just found out about Annual Health Checks – I've never had one before.

I got some easy read information in the post about my flu jab and Annual Health Check. This was really useful.

I usually get a letter inviting me to get my flu jab, but I haven't had one this year. I haven't had my flu jab yet, but I will ask my GP about this.

Our next Zoom meeting is on Monday 14th December, 2.30pm - 3.30pm.

The British Institute of Human Rights will be talking to us about our right to have a private life.

Get in touch if you would like to be part of the Rights Round Table



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