



Sense and Sexuality

6 day course for adults
from Newcastle
with a learning disability



We will learn about:

- Making friends
- Relationships and going on dates
- Feeling good about our bodies
- Keeping safe from harm and abuse
- Safer sex and contraception



It's free and lunch is included.

When:



Tuesdays

12.00pm until 3.30pm



5th September	12th September
19th September	26th September
3rd October	10th October

Where: Skills for People, Key House, 11 Tankerville Place, Jesmond, Newcastle-upon-Tyne, NE2 3AT



More about the course

- The course is adults from Newcastle with learning disabilities who are over 16 years old
- The course will be led by Joanna and Stephen.
- You can bring your supporter, but we may ask them to sit outside the room. Please talk to us if this would cause a problem.
- We will visit the New Croft Centre in Newcastle



How to book your place:

Return the slip, phone on **0191 281 8737**
or email: joanna.routledge@skillsforpeople.org.uk



Return the form to **Skills for People, Key House, Newcastle upon Tyne NE2 3AT**

I want to attend Sense and Sexuality I am 16 or over

I will bring a supporter

Please tell us if you have any food allergies or if there any foods you don't like.

Name:

Address:

Phone Number:

Email address:

Please let us know if there is any help you need from Skills for People so that you can take part.