

Get help with your support plan and get your life how you want it!



The planning cafe is a friendly place where people with learning disabilities and their family can get help to make their own support plan and have a cuppa!

- We can help you with problems, worries and questions.
- We can help you understand about your personal budgets and how to make a support plan.
- We can help you to find out what's going on in your area.

When and Where?

Every Thursday from 10am until 2pm at:

The Meadows
Waterville Road
North Shields
NE29 6BA



The planning cafe visits other places—you can book it!

Get in touch to find out more

Find us on facebook:
Skills for People Planning Cafe



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